



Where to Call for Help



Emergency Numbers

Police, Ambulance & Fire ➤ 911

Police Non-Emergency ➤ 705-675-9171

Poison Control ➤ 1-800-268-9017

Victim Services ➤ 705-522-6970

Crisis Intervention & Mobile Crisis Team ➤ 705-675-4760

Office Hours:----- 8:30 am -10 pm Mobile Hours ----- 10 am - 10 pm

127 Cedar Street, Sudbury

http://www.hsnsudbury.ca/portalen/Programs-and-Services/Mental-Health-and-Addictions/Crisis-Intervention-Services

City Services ➤ Call 311 (Used needle pick-up)

Social Services Information ➤ Call 211

Warm Line − Pre-crisis telephone support service > 1-866-856-9276

Hours: ----- 6 pm — midnight, 365 days of the year

➤ http://www.nisa.on.ca

Kids Help Phone ➤ 1-800-668-6868

http://www.kidshelpphone.ca/Teens/PhoneUs.aspx

Extreme Cold Weather Alert Outreach ➤ 705-688-6975

(Nov. 1st to March 31st)

Are You Homeless?



Shelters

Salvation Army, Cedar Place Women & Family Shelter ➤ 705-586-3293

For women and Families

261 Cedar Street

YWCA Genevra House ➤ 705-674-2210

For women fleeing domestic violence (Accessible 24/7)

370 St-Raphael Street

http://ywcasudbury.ca/programs/genevra-house-shelter/



Hours: ----- 10 pm - 8 am

Low barrier emergency shelter and assistance with Intake to By Name List 200 Larch Street

The Nest – S.A.C.Y. Youth warming center and shelter beds 705-673-4396

Hours: ----- 10 pm to 10 am

95 Pine Street

Safe Harbour House for Women and Gender Diverse People –

Elizabeth Fry Society ➤ 705-885-1060 or 705-674-1364

Hours: ----- 9 pm to 8 am Open every night

288 Kingsmount Blvd.

City of Greater Sudbury Client Navigators ➤ 705-675-2411 press 0

Drop in M-F, 9th Floor, 199 Larch St in O.W. office.

email clientnavigator@greatersudbury.ca



Housing

City of Greater Sudbury Housing Services

Apply for Subsidized Housing ➤ 705-671-2489 ext. 4678

199 Larch Street, Suite 603

Step 1

Where new applications are brought, waitlist maintenance, bring ID, verification of all sources of income, 3 months of bank statements.

Greater Sudbury Housing ➤ 705-674-8323

401-10 Elm Street, Rainbow Center

Step 2

Client can book viewings.

Step 3

Once housed with GSHC file maintenance reports, pay rent.

Native People of Sudbury Development Corporation ➤ 705-674-9996

Application for Native Housing

68 Xavier Street

N'Swakamok Native Friendship Centre ➤ 705-674-2128

Aboriginal Homeless and Housing Support Program
110 Elm Street

http://www.nfcsudbury.org



Ontario Aboriginal Housing Services (OAHS) ➤ 705-256-1876

Aboriginal Homeless and Housing Support Program 54 Elgin Street, Suite 101

FINANCIAL SUPPORTS

Ontario Works ➤ 705-675-2411

Contact worker to apply for CHPI Fund
199 Larch Street, 9th floor

Ontario Disability Support Program (ODSP) ➤ 705-564-4515

Contact worker to apply for CHPI, LEAP, OESP applications
199 Larch Street, 5th Floor

HousingSupport Program, Homelessness Network ➤ 705-618-8810

Housing Support Program (CHPI, LEAP, OESP)
Financial assistance for rent and utilities for low income individuals and families (not on O.W. or ODSP)

Tax assistance with Sudbury Community Service Center

https://www.sudburycommunityservicecentre.ca/fec

Homelessness Network Central Intake

John Howard Society of Sudbury ➤ 705-673-9576 / 705-207-7621

Intake & Assessment Worker

204 Pine Street

Intake and By-Name List registration ➤ 705-280-7888

Intake & Assessment Worker

L'Association des jeunes de la rue

Outreach — 705-207-8285 (cell phone)

Meals



Blue Door Soup Kitchen

Monday to Friday:----- 11 am − 1:30 pm

344 Elgin Street

http://www.bluedoorsoup.ca

Elgin Street Mission ➤ 705-673-2163

Monday to Friday:----- Breakfast from 8:00 am − 9:30 am

 Saturday/Sunday:---- Brunch from 10 am – 12 pm

 Daily: ----- Supper from 5 pm – 7 pm

344 Elgin Street

http://www.themission.ca

Sudbury Action Center for Youth (SACY) ➤ 705-673-4396

Youth program dinner/meals (for ages 16 to 24)

Monday to Friday: −−−− 1 pm − 3 pm

(Wednesdays – closed)

95 Pine Street

http://www.sacy.ca

Food Banks



Holy Redeemer Food Bank ➤ 705-566-9409

Call in by Tuesday

Pick-up Thursday: ----- 3 *pm* − 5 *pm*

1422 Bancroft Drive

Inner City Home ➤ 705-675-7550

Monday to Friday:---- 1 pm − 4 pm

251 Elm Street, West

New Sudbury Food Bank ➤ 705-675-7550

Tuesday and Thursday: ----- 10 am - 12 pm

1169 Dollard Avenue

St. Matthews Lutheran Church ➤ 705-673-2933

Wednesdays: ---- 9 *am* − 1 *pm*

264 Mackenzie Street

Salvation Army Family Services Food Bank ➤ 705-673-5893, ext 204

Mon., Tues., Wed. & Fri.: ---- 9 am - 2 pm

Thursday: ----- 10 am - 6 pm

450 Notre Dame Avenue

St. Vincent de Paul Society ➤ 705-897-1212

Every third week of the month: 10 am - 1 pm

2506 Hwy. 69 North, Val Caron

Pregnancy Care Center/Infant Food Bank ➤ 705-673-5003

1032 LaSalle Boulevard, Sudbury

Employment



YMCA of Northeastern Ontario ➤ 705-674-2324

Job search, employment and training programs for youth and adults 10 Elm Street. Rainbow Center, Suite 132

https://www.ymcaneo.ca/jobs/

Spark Employment Services ➤ 705-671-2544

Job Search, work-shops, e-learning, second career, youth job link Free Internet for registered clients 435 Notre Dame Ave., Suite 102 http://www.sudburyemployment.ca/

Gezhtoojig Employment & Training ➤ 705-524-6772

Aboriginal employment programs

117 Elm Street http://gezhtoojig.ca

March of Dimes Canada ➤ 705-671-3188

Serves individuals living with employment barriers

96 Larch Street, suite 400 and 405

https://www.marchofdimes.ca/EN/programs/employment/Pages/ContactUsEmp.aspx https://www.modcemploymentservices.ca/

Northern Vocational Services ➤ 705-674-4141

Provides supports and skills to access labor force

117 Elm Street, Sudbury http://www.northernvocationalservices.com

Employment Options Emploi >

 Sudbury:
 705-560-1562 — 1560 Lasalle Boulevard

 Chelmsford:
 705-855-1562 — 3183 Errington, Unit 5

 Val Caron:
 705-897-5627 — 3140, 69 N, Val Est Mall

 Hours of operation:
 9 am to 5 pm, Thursdays until 7 pm

https://employmentoptions.ca

Access to Free Internet



Greater Sudbury Public Library ➤ 705-673-1155

74 Mackenzie Street

http://www.sudburylibraries.ca/en/

YMCA of Northeastern Ontario ➤ 705-674-2324

Need to register

10 Elm Street, Rainbow Center, Suite 132

https://www.ymcaneo.ca/jobs/

Independent Living ➤ 705-675-2121

Need to register

125 Durham Street

http://www.ilsm.ca

Sudbury Action Center for Youth (SACY) ➤ 705-673-4396

95 Pine Street, Sudbury

http://www.sacy.ca

Réseau ACCESS Network ➤ 705-688-0500

111 Larch Street, 4th Floor, Suite 400, Sudbury

http://www.reseauaccessnetwork.com/

Access for clients only

Atikameksheng Anishnawbek Community Hub

Outreach & Coordination of Services for Atikameksheng Band Members

66 Elm Street, Suite 107,

Outreach Contacts: 705-692-3651 (Ext. 1501 or 1503)

Access to Free Phone



John Howard Society of Sudbury ➤ 705-673-9576

204 Pine Street

http://johnhoward.on.ca/sudbury/

Elizabeth Fry Society of Northeastern Ontario ➤ 705-673-1364

204 Elm Street

http://efrysudbury.com

N'Swakamok Native Friendship Centre ➤ 705-674-2128

110 Elm Street

http://www.nfcsudbury.org

Sudbury Action Center for Youth (SACY) ➤ 705-673-4396

95 Pine Street

http://www.sacy.ca

YMCA of Northeastern Ontario ➤ 705-674-2324

Rainbow Center

10 Elm Street, Suite 132

http://www.sudbury.ymca.ca/employment/

Réseau ACCESS Network ➤ 705-688-0500

111 Larch Street, 4th Floor, Suite 400, Sudbury

http://www.reseauaccessnetwork.com/

Samaritan Centre Drop-in, Internet, and Phone

Monday to Friday: −−−− 1 pm − 4 pm

Clothing & Household Items

307 Cedar Street



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John Howard Society of Sudbury ➤ 705-673-9576
  Monday to Friday: ----- 9 am − 4:30 pm
  204 Pine Street
  http://johnhoward.on.ca/sudbury/
  Clothes for men only
Elizabeth Fry Society of Northeastern Ontario ➤ 705-673-1364
  Monday to Friday: −−−− 9 am − 4 pm
  204 Flm Street
  http://efrysudbury.com
Better Beginnings Better Futures — Community Closet ➤ 705-671-1941
  Tuesday & Thursday: ----- 10 am - 1 pm
  Saturday:----- 11 am - 2 pm
  450 Morin Avenue
  http://betterbeginningssudbury.ca/community-closet/
Sudbury Women's Center ➤ 705-673-1916
  Mon., Tues. & Thurs.: ----- 9 am - 4 pm
  Wednesday: ----- 1 pm - 8 pm
  Friday: ----- 9 am - 11:30 pm
  174 Douglas Street, Suite 201
  http://www.facebook.com/sudburywomenscentre/
St. Vincent de Paul ➤ 705-897-1212
  Referral, $40 delivery charge in city, $30 in Valley area
  2506 Hwy. 69 North, Val Caron
L'Association des jeunes de la rue ➤ 705-207-8285
  Community Outreach
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Personal Needs



Showers, Laundry, Haircuts

Elgin Street Mission ➤ 705-673-2163

344 Elgin Street

HAIRCUTS: Monday: ---- 9 am - 1 pm

Medical — Walk-In Clinics



Sudbury District Nurse Practitioner Clinic ➤ 705-673-3721

Monday to Friday:----- 8 am − 2:30 pm (Closed Noon − 1:00 pm)

Call or come in to make an appointment.

Primary health and social worker available.

200 Larch Street

NORTHWOOD MEDICAL CLINICS

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80 Elm Street ➤ 705-809-7915
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Monday − *Friday* : ----- 9 *am* − 5 *pm*

1280 LaSalle Boulevard ➤ 705-806-7915

Monday to Friday: ---- 8 am − 9 pm

Saturday / Sunday: ----- 8 am - 6 pm

2009 Long Lake Road

Monday to Friday: ----- 8 am − 9 pm > (705-522-3380)

Saturday / Sunday: ----- 8 am − 4 pm > (705-809-7915)

Brady Clinic ➤ 705-688-8833

Monday to Friday: ----- 8 am − 9 pm

359 Riverside Drive, Suite #101

Minnow Lake Medical Clinic ➤ 705-222-6337

Monday to Thursday: ---- 8 am − 4 pm

Friday:8 am — 12 pm

1975 Bancroft Drive

Notre Dame Walk-In Clinic ➤ 705-671-9797

Monday to Thursday: ----- 4 pm − 8 pm

430 Notre Dame Avenue

Dental



Cambrian Dental Clinic ➤ 705-524-7366

1400 Barrydowne Rd, Room 2238, Cambrian campus. FREE dental care by supervised dentistry students https://cambriancollege.ca/campus-life/student-health/dental-clinic/

Thrift Stores



Jarret Value Center ➤ 705-525-5100

Monday to Friday: ----- 10 am - 3:30 pm Saturday: ----- 9:30 am - 4:30 pm

760 Notre Dame Avenue

Sudbury Women's Center ➤ 705-673-1916

Tuesday to Thursday: ----- 9 am - 11 am & 1 pm to 4 pm

Friday & Weekend: ----- Closed

174 Douglas Street, Suite 201

Addiction Services



HSN Withdrawal Management Service ➤ 705-671-7366

Short-term withdrawal management for individuals who need time to detox before treatment begins
336 Pine Street

Safe Beds Program (HSN) ➤ 705-671-7366

Crisis shelter through HSN for non-violent individuals with no housing, short-term stay of 7–10 days.

Located at 336 Pine Street

R.A.A.M. (Rapid Access Addiction Medicine) Clinic ➤ 705-523-7100, ext. 1875

Treatment for alcohol or opiod use.

Open Monday to Friday:----- 8:00 am — 4:00 pm

127 Cedar Street, Sudbury

Outpatient Addictions and Gambling Services ➤ 705-523-4988, ext. 4211

This service offers a wide range of individual and group counselling and outpatient treatment

127 Cedar Street, Sudbury, ON

N'Swakamok Native Friendship Centre ➤ 705-674-2128

Addiction Services — Assessments and referrals
110 Elm Street
http://www.nfcsudbury.org

Monarch Recovery Services

Administration ➤ 705-674-4193 or Toll Free 1 877 431-6713

405 Ramsey Road, Sudbury

http://www.monarchrecoveryservices.ca

Contact Monarch Recovery Services to access the services listed below:

- Women's Treatment 35-day live-in, abstinent-based program
- Women's After Care 4 to 8 months, live-in abstinent-based program. Must have completed a treatment program. Community clients can also access group and individual counselling
- Pregnancy Parenting Outreach Program (PPOP) (Women and Men)
 Pregnant women or parenting children 6 and under Harm Reduction
 Program.
- Addictions Supportive Housing (ASH Program)
 Supportive housing for individuals who are homeless or at risk of homelessness and are struggling with addiction. Rent subsidy and case management. No self-referrals
- Men's Recovery Home and Men's Transition Home
 All male recovery home and transition home 16+
 Abstinent-based 6-month live-in programs.
- Men's Day Treatment 5-Week Harm Reduction Day Program
- Multifunctional Bed Program
 Stabilization and live-in program up to 30 days (no external referrals)

Alcoholics Anonymous / Narcotics Anonymous ➤ 1-888-811-3887

> 705-674-6217

Medication Assisted Treatment Clinics

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OATC Sudbury Clinic ➤ 705-673-1116
  Monday:----- 8 am − 3 pm
  Tuesday to Friday: ----- 8 am − 5 pm
  Sat. and Sun.: ----- 9 am – 12 pm
  450 Notre Dame Avenue, Unit #10
VitaHeal ➤ 705-805-6383
  Monday to Friday:---- 9 am - 6 pm
  128 Cedar Street
Northwood Recovery ➤ 705-806-3737 or 1-833-805-3737 (toll-free)
  Monday:---- 8 am - 6 pm
  Tuesday — Friday: ----- 8 am — 5 pm
  80 Elm Street
Methadone Sudbury ➤ 705-669-1111
  Monday to Friday:----- 8 am - 6 pm
  Saturday and Sunday:---- 8 am − 12 pm
  310 Larch Street
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Harm Reduction

Sudbury Action Center for Youth (SACY) ➤ 705-673-4396 or call 311

➤ 705-207-2112 (Cellular)

Outreach and community needle pick-up

95 Pine Street

Sudbury & District Health Unit ➤ 705-522-9200

Drop-in's and appointments

Monday to Friday: −−−−− 8:30 am − 3:30 pm

10 Elm Street, Unit 130, Rainbow Centre Site

Ontario Aboriginal HIV/AIDS Strategy (OAHAS) ➤ 1-647-490-6339

Outreach & Drop In's (collect calls accepted)

66 Elm Street, suite 108

Réseau ACCESS Network ➤ 705-688-0500

Outreach

111 Larch Street, Suite 400, 4th Floor, Sudbury

Healing with Hope Home (MAP − Managed Alcohol Program) > 705-675-7252 200 Larch Street, Sudbury

Counselling and Support



Sudbury Counselling Center ➤ 705-524-9629

Individual and Group Counselling

Open Monday to Friday:----- 8:30 am - 4:30 pm

260 Cedar Street http://counsellingccs.com

Canadian Mental Health Association of Sudbury & Manitoulin ➤ 705-675-7252

Provides a wide range of innovative services and supports to people who are experiencing mental illness and their families.

111 Elm Street, Suite 100 http://www.cmha.ca

Voices for Women — **Sudbury Sexual Assault Centre** ➤ 705-671-5495

Counsel and support women

96 Larch Street http://www.voicesforwomen.ca

John Howard Society of Sudbury ➤ 705-673-9576

Individuals in conflict with the law

204 Pine Street http://johnhoward.on.ca/sudbury/

Elizabeth Fry Society of Northeastern Ontario ➤ 705-673-1364

Individuals in conflict with the law

204 Elm Street, Sudbury http://efrysudbury.com

Centre Victoria pour femmes ➤ 705-670-2517

For francophone women experiencing violence

584 Clinton Avenue, Suite 103 (entrance on Perreault Street)

http://www.centrevictoria.ca/

Sudbury Women's Center ➤ 705-673-1916

174 Douglas Street, Suite 201

N'Swakamok Native Friendship Centre ➤ 705-674-2128

Housing, addictions, school, life skills, various support programs

110 Elm Street http://www.nfcsudbury.org

Northern Initiative for Social Action (NISA) ➤ 705-222-6472

Peer support, creative expression programs, wellness and recovery groups

36 Elgin Street, 2nd Floor http://nisa.on.ca

Provincial Youth Outreach Worker (SACY) ➤ 705-673-4396

Provides services and programs to youth

95 Pine Street http://www.sacy.ca

Baby's Breath ➤ 705-671-1941 ext. 229

Under 18 pregnancy supports

450 Morin Avenue http://betterbeginningssudbury.ca

Home and Community Care, North East (LHIN) ➤ 1-800-461-2919

(formerly named Community Care Access Centre (CCAC))

Health Care Support & In-home support

Rainbow Center, Suite 41-C http://healthcareathome.ca/northeast/en

Compass ➤ 705-525-1008

Counselling, parenting support, case management

Monday to Friday:----- 8:30 am — 6:30 pm

62 Frood Road, Suite 100, Sudbury ON P3C 4Z3 http://compassne.ca Services we offer for youth and families under the age of 18:

- · Counselling, parenting support and case management
- · Monday to Friday 8:30 am 6:30 am
- mindSPACE (Tuesday and Thursday 11 am 6:30 pm)

Sudbury Youth Wellness Hub ➤ 705-280-7581

140 Durham Street (located in the YMCA), Sudbury ON P3E 3M7 https://ywhsudbury.ca/

The Sudbury Youth Wellness Hub is an integrated "one-stop-shop" that addresses a gap in care for 12-25 year olds. The Hub addresses needs related to mental health, substance use, primary care, education, employment, training, housing and other community and social services.

- Mental Health Counselling (every Wednesday 12 pm 6 pm)
- Peer Support (Monday to Friday)
- Primary Care Practitioner (Tuesday and Thursday 12 pm 4 pm)
- A Place to Hang Out (Monday to Friday)
- Internet Access

One Stop Talk ➤ 1-855-416-8255

Where to Call for Help

Monday – Friday: ----- 12 pm – 8pm Saturday: ----- 12 pm – 4 pm

https://onestoptalk.ca/

Legal Support



Landlord and Tenant Board ➤ 1-888-332-3234

Legal Support for Tenants

Legal Aid Sudbury ➤ 705-673-8182

Legal Support for low-income individuals 40 Elm Street, Suite 271, Sudbury

Sudbury Community Legal Clinic ➤ 705-674-3200

Legal support 30 minute consults with lawyer

Elm Place, Unit 272, 2nd Floor 40 Elm Street, Sudbury

Legal Aid Ontario — **Duty Counsel** ➤ 705-674-2220

Speak to duty counsel

155 Elm Street, Sudbury

Legal Aid Ontario — Family Duty Counsel ➤ 705-670-9282

Speak to duty counsel

159 Cedar Street, Sudbury

John Howard Society of Sudbury ➤ 705-673-9576

Elizabeth Fry Society of Northeastern Ontario ➤ 705-673-1364

Monday to Friday: −−−− 9 *am* − 4 *pm*

204 Elm Street, Sudbury

Canadian Mental Health Association (CMHA) ➤ 705-675-7252

111 Elm Street, Suite #100

First Nations



N'Swakamok Native Friendship Centre ➤ 705-674-2128 110 Flm Street

Gezhtoojig Employment & Training ➤ 705-524-6772 117 Elm Street

Shkagamik-Kwe Health Center ➤ 705-675-1596 161 Applegrove Street

Atikameksheng Anishnawbek Community Hub

Outreach & Coordination of Services for Atikameksheng Band Members 66 Elm Street, Suite 107,
Outreach Contacts: 705-692-3651 (Ext. 1501 or 1503)

APANO -Aboriginal People's Alliance (Northern Ontario) ➤ Tel:705-670-9252 Fax:705-670-8235

154 Durham St, Sudbury Ontario P3L 3M9

OAHAS — Ontario Aboriginal HIV/AIDS Strategy ➤ 1-647-490-6339 66 Elm Street, suite 108

OAHS — Ontario Aboriginal Housing Services ➤ 705-256-1876 54 Elgin Street, suite 101

How To



I.D. Replacement

Social Insurance Card

Service Canada Centre ➤ 1-800-622-6232 19 Lisgar Street

Birth Certificate / Health Card

Service Ontario ➤ 1-800-267-8097 199 Larch Street, Suite 300

Status Card

Indigenous and Northern Affairs Canada (INAC) ➤ 1-800-567-9604 Elm Place — 2nd floor , 40 Elm Street, Suite 290

Apply for Social Assistance

Ontario Works and ODSP ➤ 1-888-999-1142 ➤ 311 ➤

Call to book Intake appointment

Bring ID, Bank Statements, Proof of Rent

199 Larch Street, 9th floor

Online application: https://www.ontario.ca/page/social-assistance?_ ga=2.182116199.1335529405.1607714784-1263553950.1607714784

Ontario Disability Support Program (ODSP) ➤ 705-564-4515

Pick-up application that must be fill out by your physician 199 Larch Street. 5th Floor

File Taxes

United Way ➤ 705-560-3330

957 Cambrian Heights Drive

Get a Library Card (Bring ID with mailing address)

Main Public Library ➤ 705-673-1155

74 Mackenzie Street

New Sudbury Public Library ➤ 705-688-3952 1346 Lasalle Blvd.

South End Public Library ➤ 705-688-3950 1991 Regent Street

Get a YMCA Membership



Member Assisted Memberships ➤ 705-688-7300

Fill out application, bring proof of income, a void cheque/bank form, 1st payment 140 Durham Street

Places to Hang Out



Elizabeth Fry Society of Northeastern Ontario

Wednesday: ----- 1:30 pm − 3:30 pm

Open Arts Women Only | 204 Elm Street

Northern Initiative for Social Action (NISA) ➤ 705-222-6472

Mon – Friday: ----- 8:30 am – 4:00 pm with some evening support groups

Membership required (free to access).

Active participation in programming expected 36 Elgin Street

Basic Recovery — Grace Church

Wednesday: ----- 7 pm − 9 pm

426 Burton Avenue

Youth Drop In Centre (SACY) ➤ 705-673-4396

95 Pine Street

NOAH'S Community Hub — **APANO** ➤ 705-670-9252

Tuesday: ----- 2:00 pm - 4:30 pm

154 Durham Street

Samaritan Centre Drop-In

Mon − *Friday*: ----- 1:00 pm − 4:00 pm

Homelessness Network Contact Info

Intake and registration to city's By-Name List

Housing and case management supports for the chronically homeless (6 months or more of continuous homelessness)

John Howard Society of Sudbury ➤ 705-673-9576 or 705-207-7621 204 Pine Street

Community Outreach — intake/registration ➤ 705-207-8285

For general program information or inquiries contact:

Coordinator of the Homelessness Network at 705-207-5518 or rlandry@santesudbury.ca

Homelessness Network Partners











